|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Class 1** | **Class 2** | **Class 3** | **Class 4** | **Class 5** | **Class 6** |
|  | **Y4 - Level 6 Junior Duke Silver****Y5 - Level 7 Junior Duke Gold****Y6- Level 8 Junior Duke Platinum** | **Level 9 Senior Duke Silver** | **Level 10 Senior Duke Gold** | **DofE Bronze Award** | **DofE Bronze Award** | **Careers Focus/Life Beyond Churchill****DofE Silver *(optional)*** |
| **Autumn 1** | Y4 - SwimmingY5 - SwimmingY6 – Happiness *(work out what makes you happy)* | Physical Challenge*Mile Run*   | Physical Challenge*Stretch and Relax* | Intro to DoEWelcome packs Sign up to eDofE | Expedition Training Days x 3TentsCookingOrienteering  | Invite students to Silver DofE Award. Begin Skill, Volunteering and Physical Sections  |
| **Autumn 2** | Y4 – Cooking *(make soup)*Y5 – Cooking *(shop for food on a budget)*Y6 – Cooking *(follow a recipe to make a hot meal)* | Money Skills*Five Budget Meals* | Home Skills*Food Choices* | Skill Section  | Volunteering Section  | Skill, Volunteering and Physical Sections |
| **Spring 1** | Y4 – Art *(sew with a needle and thread)*Y5 – Create and present a PowerPointY6 – Computer Skills *(design a webpage)* | Creative Skills *Video Editing*  | Creative Skills*Up Your Skill Level* | Skill Section  | Volunteering Section | Skill, Volunteering and Physical Sections |
| **Spring 2** | Y4 – First Aid *(sling, recovery position, choking)* Y5 – Keep warm in an emergency Y6 – First Aid *(CPR)* | First Aid *Silver First Aid Course* | First Aid*Gold First Aid Course* | Physical Section  | Expedition Prep.FoodTents Tesco visit | Skill, Volunteering and Physical Sections |
| **Summer 1** | Y4 – Domestic Challenge *(set the table)* Y5 – Look after your houseY6 – Domestic Challenge *(wash and dry your bed sheets)*  | Home Skills *Clean the Bathroom* | Money Skills*Coupons* | Physical Section  | Expedition Practise (x1 night, x2 days)Qualifying (x1 night, x2 days) | Expedition *(if applicable)* Practise (x2 nights, x3 days)Qualifying (x2 nights, x3 days) |
| **Summer 2** | Y4 – Independence *(get up and out on your own)*Y5 – Risk assess Y6 - Trip Planning *(go on a local trip using timetables)*  | Adventure Challenge*Outdoor Day Trips* | Adventure Challenge*Map Reading Adventure Day* | Physical Section  | Finish sections and submit for approval | Completed portfolio for all students |