

## Ingredients/Equipment

### Class 1

Please remember that High Risk ingredients( Cheese or meats etc.)  
must be stored in the fridge at the beginning of the school day.

Practical	What to Bring	Date
Fruit Dippers	Piece of your favourite fruit	15 September
Pizza Toastie	50g cheese Favourite pizza toppings e.g. ham, mushroom and pepper Container with a lid	22 September
Fruit Flapjack	20cm round or square tin Foil to cover	29 September
Vegetable tart	Favourite toppings e.g. cheese, ham, vegetables Container with a lid	6 October
Fruity Muffins	Favourite fruit or chocolate chips Container with a lid	13 October
Cheese Scones	50g of cheese Container with a lid	3 November
Biscuits	Container with a lid	10 November
Cookies	Chocolate chips Container with a lid	17 November
Bread	Container with a lid	24 November



Soup	1 potato and 1 other vegetable e.g. leek or carrot Container (Ideally a flask)	1 December
Rock Cakes	75g dried fruit Container with a lid	8 December
Christmas biscuits	Container with a lid	15 December