

Ingredients/Equipment

Class 1

Please remember that High Risk ingredients(Cheese or meats etc.)
must be stored in the fridge at the beginning of the school day.

Practical	What to Bring	Date
Introduction to the food room		5 September
Fruit Dippers	Piece of your favourite fruit	12 September
Pizza Toastie	50g cheese Favourite pizza toppings e.g. ham, mushroom and pepper Container with a lid	19 September
Fruit Flapjack	20cm round or square tin Foil to cover	26 September
Vegetable tart	Favourite toppings e.g. cheese, ham, vegetables Container with a lid	3 October
Fruity Muffins	Favourite fruit or chocolate chips Container with a lid	10 October
Cheese Scones	50g of cheese Container with a lid	17 October
Biscuits	Container with a lid	31 October
Cookies	Chocolate chips Container with a lid	7 November

Bread	Container with a lid	14 November
Soup	1 potato and 1 other vegetable e.g. leek or carrot Container (Ideally a flask)	21 November
Rock Cakes	75g dried fruit Container with a lid	28 November
Christmas biscuits	Container with a lid	5 December
Stained Glass window Biscuits	Container with a lid	12 December